

# Hydrophilic Nelaton Catheter with Water Sachet - Male

## **i** INSTRUCTIONS FOR USE

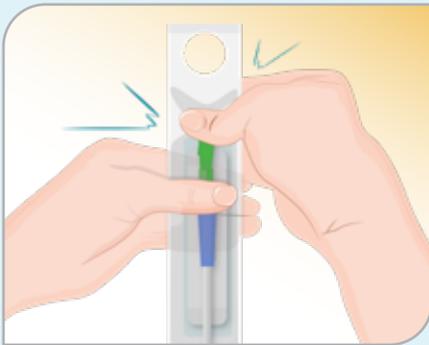


**1.** To avoid transferring bacteria, thoroughly wash hands or use an alcohol wipe.

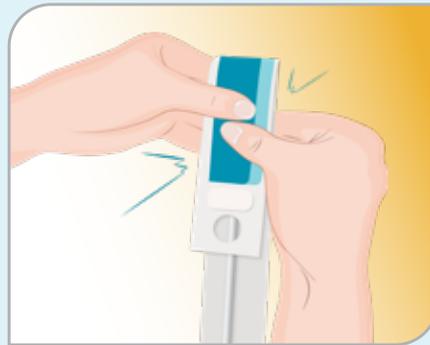


**2.** Cleanse urethral opening and surrounding area (ensuring foreskin is retracted to clean the penis)

**3.** Before opening the packaging, locate the water sachet and burst it to activate the hydrophilic coating. There are several ways to burst the sachet:



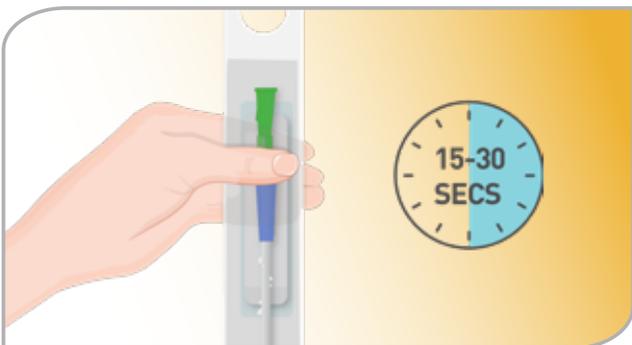
- Squeeze it between your forefinger and thumb to burst the water sachet.



- Fold the ampule in half, causing it to burst within the packaging.



- Place the unopened packet on a clean firm surface and place the heel of your hand over the water sachet and gently push down to burst the water sachet.

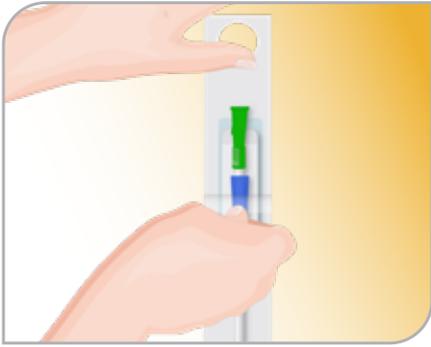


**4.** Wait 15-30 seconds to ensure hydrophilic coating coats the catheter.

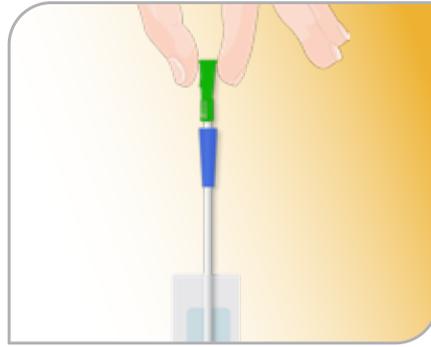


**5.** Located on the back of the packaging is a sticky tab that can be used to secure the packaging to a wall or other location. Peel off the backing of the sticky tab and press the sticky tab firmly against the desired surface.

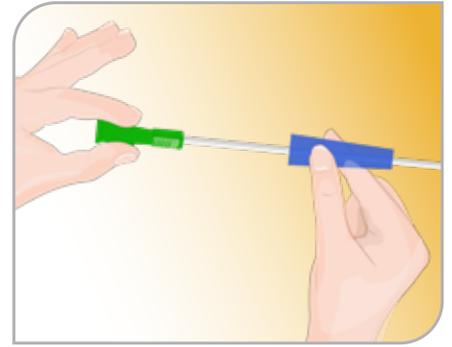
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**6.** Peel package 2-4 cm to reveal the funnel



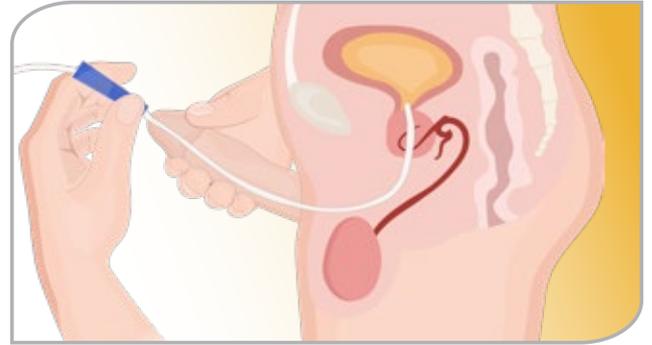
**7.** Holding only the catheter funnel, slowly remove the nelaton catheter (approximately 1/3 of its length) from the packaging, taking care not to touch it.



**8.** Grasp the blue holding sleeve and gently slide it over the nelaton catheter while also removing the remaining length of the nelaton from the packaging.



**9.** Position the blue holding sleeve to the desired location on the catheter to assist with insertion.



**10.** Gently slide the nelaton catheter into your urethral passage, towards your bladder.



**11.** During this process avoid touching the catheter. Use the holding sleeve to guide the catheter towards the bladder and continue this process until urine starts to flow. Urine can be drained directly into the toilet or into an alternative receptacle.

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**11.** When the bladder is empty, slowly remove the nelaton catheter and place the used catheter back into the empty packaging for disposal.



**12.** Thoroughly wash hands.



## CAUTION

- Single use.
- DO NOT re-sterilise.
- DO NOT store at extreme temperatures and humidity, avoid direct sunlight. Handle with care.

## PRECAUTION

- Maintaining aseptic technique during insertion is crucial. If the catheter becomes contaminated, discard and commence procedure using a new catheter.



View our video on how to prepare and use the Hydrophilic Nelaton Catheter with Water Sachet



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