

# Intermittent Closed Catheterisation System

## **i** INSTRUCTIONS FOR USE



**1.** To avoid transferring bacteria, thoroughly wash hands or use an alcohol wipe.



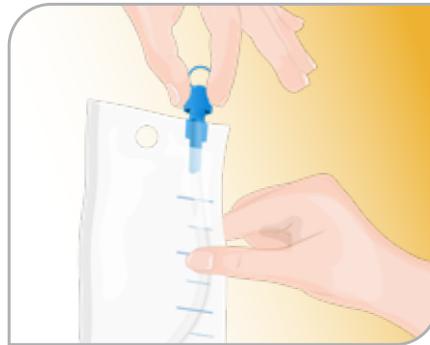
**2.** Cleanse urethral opening and surrounding area (ensuring foreskin is retracted to clean the penis)



**3.** Remove the Closed Catheterisation System from its outer packaging and unfold it completely.



**4.** Position yourself comfortably.



**5.** Remove blue cap from the tip of the lubricated catheter.



**6.** Start to feed the catheter out from the bag while pinching the blue plastic mechanism to hold the catheter from slipping back inside the bag. Expose approx. 10cm length of the catheter.



**7.** Insert the catheter gently into the urethra through to the bladder until urine starts to flow into the bag.



**8.** When the bladder is empty, slowly remove the catheter and place the used closed catheter system into the empty package for disposal.

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- 9.** Alternatively, to empty the bag, hold the bag upright and tear open the top corner of the bag to perforate it. Once opened, pour the urine into a toilet and dispose of bag properly.



- 10.** Thoroughly wash hands.



## CAUTION

- Single use.
- DO NOT re-sterilise.
- DO NOT store at extreme temperatures and humidity, avoid direct sunlight. Handle with care.

## PRECAUTION

- Maintaining aseptic technique during insertion is crucial. If the catheter becomes contaminated, discard and commence procedure using a new catheter.

Always read the label and follow the Instructions for Use. Our guidance is not intended to substitute professional medical advice and does not constitute health advice. If you have concerns or questions regarding the use of this product, seek advice from a qualified healthcare professional.



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