

# Hydrophilic Nelaton Catheter - Male

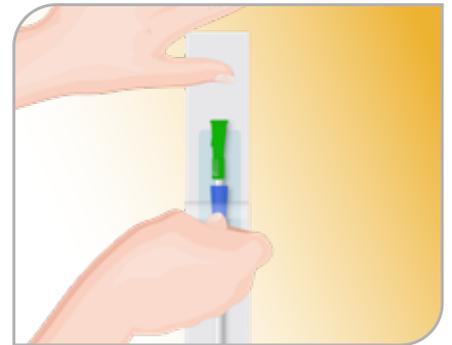
## INSTRUCTIONS FOR USE



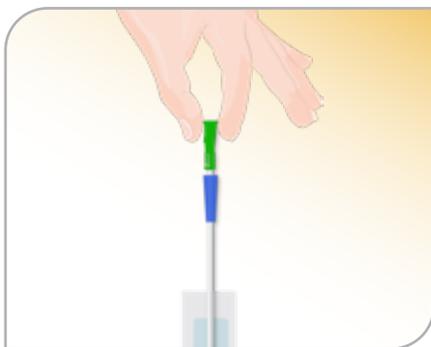
**1.** To avoid transferring bacteria, thoroughly wash hands or use an alcohol wipe.



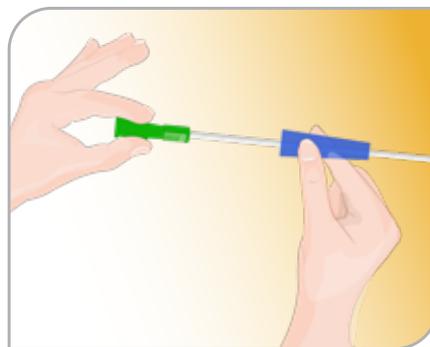
**2.** Cleanse urethral opening and surrounding area (ensuring foreskin is retracted to clean the penis)



**3.** Peel package 2-4 cm and add sterile water to pack to sufficiently lubricate the entire catheter.



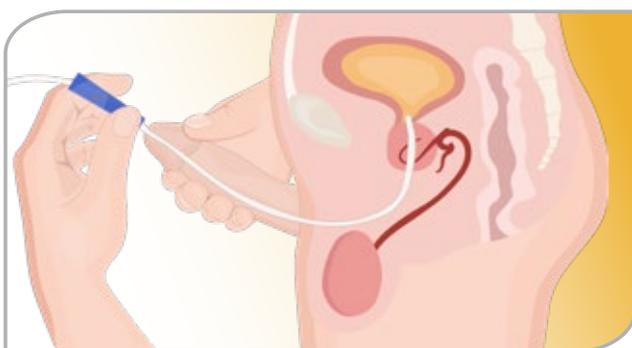
**4.** Holding only the catheter funnel, slowly remove the nelaton approximately 1/3 of its length from the packaging, taking care not to contaminate.



**5.** Grasp the blue holding sleeve and gently slide it over the nelaton catheter whilst simultaneously removing the remaining length of the nelaton from the packaging.



**6.** Position the blue holding sleeve to the desired location on the catheter, to assist with the insertion.



**7.** Gently slide the nelaton catheter into your urethral passage, towards your bladder.



**8.** During this process avoid touching the catheter. Use the holding sleeve to guide the catheter towards the bladder and continue this process until urine starts to flow. Urine can be drained directly into the toilet.

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9. When the bladder is empty, slowly remove the nelaton catheter and place the used catheter back into the empty packaging for disposal.



10. Thoroughly wash hands.



## CAUTION

- Single use.
- DO NOT re-sterilise.
- DO NOT store at extreme temperatures and humidity, avoid direct sunlight. Handle with care.

## PRECAUTION

- Maintaining aseptic technique during insertion is crucial. If the catheter becomes contaminated, discard and commence procedure using a new catheter.

Always read the label and follow the Instructions for Use. Our guidance is not intended to substitute professional medical advice and does not constitute health advice. If you have concerns or questions regarding the use of this product, seek advice from a qualified healthcare professional.



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