



## UR040000 - UR042006 Nelaton Catheters

### INSTRUCTION FOR USE

#### DESCRIPTION

m|devices Nelaton Catheters are available in a variety of lengths;

- Paediatric 30cm
- Female 20cm
- Male 40cm

Intended for intermittent bladder catheterisation. These catheters offer a perfectly finished closed distal end for smooth insertion. The bilateral eyelets allow for efficient drainage and have a funnel shaped colour coded connector at the proximal end.

**FOR USE BY AN ADEQUATELY TRAINED USER. THE BELOW IS ONLY A SUGGESTION AND THE USER SHOULD BE THOROUGHLY EDUCATED PRIOR TO ATTEMPTING TO SELF CATHETERISE AND BE AWARE OF INFECTION CONTROL PRINCIPLES.**

#### CAUTION

- Single Use
- DO NOT use if packaging or product has been damaged or contaminated.
- DO NOT store at extreme temperatures and humidity, avoid direct sunlight

#### STEPS

1. Peel package open maintaining sterility and add sterile water-based lubricant 2.5cm from the distal tip.
2. Remove catheter from package taking care not to contaminate.
3. Insert the now lubricated catheter gently into the urethra passage until urine starts to flow. Urine can be drained into toilet or into a urine drainage bag connected to the catheters funnel.
4. When bladder is empty, slowly remove the catheter and place the used catheter into empty package for disposal.

#### PRECAUTIONS

- Maintaining aseptic technique during insertion is crucial. If the catheter becomes contaminated, discard and commence procedure using a new catheter.

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