



## UR043001 - UR045005

### Hydrophilic Nelaton Catheters

#### INSTRUCTION FOR USE

#### DESCRIPTION

m|devices Hydrophilic Nelaton Catheters are available in a variety of lengths;

- Paediatric 30cm
- Female 18cm
- Male 40cm

The smooth water soluble polymer coating facilitates patient's use without the need for any lubricants. The heat polished closed distal end and side eyelets support a smooth and painless insertion and efficient drainage of urine.

**FOR USE BY AN ADEQUATELY TRAINED USER. THE BELOW IS ONLY A SUGGESTION AND THE USER SHOULD BE THOROUGHLY EDUCATED PRIOR TO ATTEMPTING TO SELF CATHETERISE AND BE AWARE OF INFECTION CONTROL PRINCIPLES.**

#### CAUTION

- Single Use
- DO NOT use if packaging or product has been damaged or contaminated.
- DO NOT store at extreme temperatures and humidity, avoid direct sunlight

#### STEPS

1. Peel package 2-4 cm and add sterile water to pack to sufficiently lubricate the entire catheter.
2. Wait 15-30 seconds to ensure hydrophilic coating has been activated.
3. Remove catheter from package taking care not to contaminate.
4. Insert the now lubricated catheter gently into the urethra passage until urine starts to flow. Urine can be drained into toilet or into a urine drainage bag connected to the catheters funnel.
5. When bladder is empty, slowly remove the catheter and place the used catheter into empty package for disposal.

#### PRECAUTIONS

- Maintaining aseptic technique during insertion is crucial. If the catheter becomes contaminated, discard and commence procedure using a new catheter.

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