

m|devices®

## UR043001 - UR045005 Hydrophilic Nelaton Catheters

### INSTRUCTION FOR USE

#### DESCRIPTION

m|devices Hydrophilic Nelaton Catheters are available in a variety of lengths;

- Paediatric 30cm
- Female 18cm
- Male 40cm

The smooth water soluble polymer coating facilitates patient's use without the need for any lubricants. The heat polished closed distal end and side eyelets support a smooth and painless insertion and efficient drainage of urine.

**FOR USE BY AN ADEQUATELY TRAINED USER. THE BELOW IS ONLY A SUGGESTION AND THE USER SHOULD BE THOROUGHLY EDUCATED PRIOR TO ATTEMPTING TO SELF CATHETERISE AND BE AWARE OF INFECTION CONTROL PRINCIPLES.**

#### CAUTION

- Single use.
- DO NOT re-sterilise.
- DO NOT store at extreme temperatures and humidity, avoid direct sunlight. Handle with care.
- STERILE (EO), DO NOT use if the package or product has been damaged or contaminated.
- EU Notice: any serious incident that has occurred in relation to the device should be reported to the manufacturer and the competent authority of the Member State in which the user and /or patient is established.

#### STEPS

1. Peel package 2-4 cm and add sterile water to pack to sufficiently lubricate the entire catheter.
2. Wait 15-30 seconds to ensure hydrophilic coating has been activated.
3. Remove catheter from package **taking care not to contaminate**.
4. Insert the now lubricated catheter gently into the urethra passage until urine starts to flow. Urine can be drained into toilet or into a urine drainage bag connected to the catheters funnel.
5. When bladder is empty, slowly remove the catheter and place the used catheter into empty package for disposal.

#### PRECAUTION

- Maintaining aseptic technique during insertion is crucial. If the catheter becomes contaminated, discard and commence procedure using a new catheter.

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